

# TOUCHED *by* TYPE 1

## 2022 Annual Report



Touched by Type 1

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Altamonte Springs, FL 32714

[www.touchedbytype1.org](http://www.touchedbytype1.org)

# About Touched by Type 1

Elizabeth Forrest was diagnosed with Type 1 Diabetes at age 10. After her diagnosis, she was driven by a determination to not let diabetes negatively impact her life and created Dancing for Diabetes as a way to bring attention to the stories of millions who are living with Type 1 Diabetes, to offer support to others who have been diagnosed, and to raise funds for a cure.

What started as a community fundraiser organized by a middle school student, has blossomed into a full-scale theatrical production involving hundreds of dancers and thousands of supporters. Currently celebrating 22 years of impacting Type 1 Diabetes through dance, Dancing for Diabetes has grown from her parents' driveway to filling one of Orlando's largest theaters—all in the name of raising money for research and a cure for a disease that affects millions around the globe.

Currently the organization, now known as "Touched by Type 1," works tirelessly to advocate and support those currently living with Type 1 Diabetes. In addition to the annual Dancing for Diabetes showcase the organization: runs a Kids & Teens with Diabetes Dance Program, community outreach events, a large-scale annual conference, sends resource kits to newly diagnosed, and works with schools by training teachers and nurses on best practices for keeping Type 1 students safe in school.

Run by Elizabeth and a small team of individuals with a connection to diabetes, Touched by Type 1 is passionate about making a change in the world of diabetes.



*Touched by Type 1 Founder and President, Elizabeth Forrest.*

## Our Mission

**Touched by Type 1 works to elevate awareness of Type 1 diabetes, raise funds to find a cure, and inspire those with diabetes to thrive.**

# About Touched by Type 1

## 2022 Board of Directors

Elizabeth Forrest, Founder - Dan Newlin Injury Attorneys

Samantha Arceneaux - Superior Solar

Carly Luczak - Withum

Jeffrey Forrest - WPC

Michael Garlich - Garlich Consulting

Jennifer Sargeant - Digital Sargeant

Sarah Scott - Tandem Diabetes

Michelle Shah - SASS Accounting Services

Jonathan Snyder - Snyder's Landscapes

Jennifer Stein - Dan Newlin Injury Attorneys

Shana Windish - Zonda

## Touched by Type 1 Staff Members

Kelly Simbolick - Development Manager

Sara Daniels - Program Coordinator

Norma Pacheco - Events Coordinator





# Our Programs



## The D-Box

Sending supportive materials and resources to those newly diagnosed with Type 1 Diabetes.



## Kids & Teens Dance Program

Free dance classes each Fall for kids and teens with Type 1 Diabetes.



## Annual Conference

Annual conference designed to educate, encourage, and empower those touched by Type 1 Diabetes.



## Dancing for Diabetes

Annual event using extraordinary talent and entertainment to spread awareness and hope.



## Type 1 @ School

Supporting schools in learning best practices for keeping Type 1 students safe at school.



## Outreach & Events

Hosting community-based events for individuals and families touched by Type 1 Diabetes.



# Annual Conference

Touched by Type 1 is a conference for individuals of all ages and backgrounds. The goal is to educate, encourage and empower all lives touched by Type 1 diabetes—whether they have Type 1 or love someone who does. The annual conference provides the unique opportunity to be surrounded by others touched by Type 1 and to learn from some of the nation’s top experts related to thriving despite diabetes.

## Past Speakers Include

**Chris Ruden**  
NBC TITAN GAMES

**Scott Benner**  
JUICEBOX PODCAST

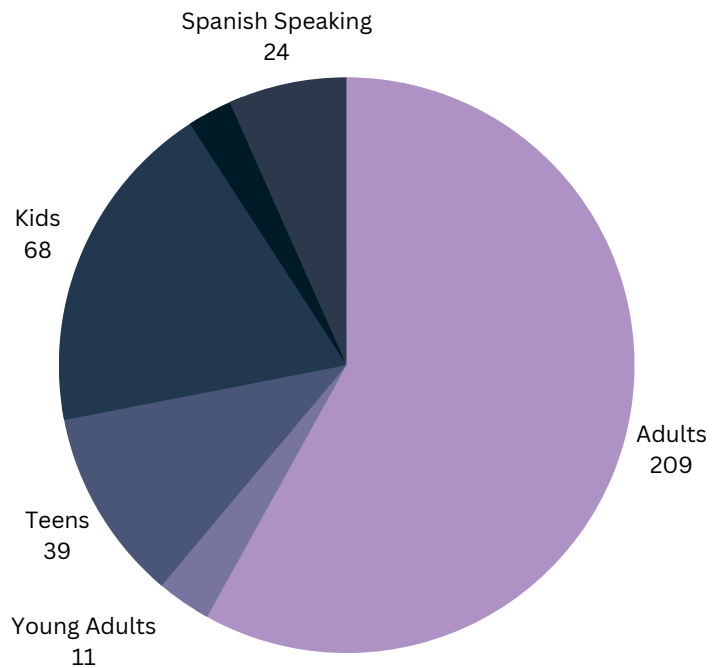
**Nicole Johnson**  
MISS AMERICA

**Elliott Yamin**  
AMERICAN IDOL

**Kyle Banks**  
KYLER CARES

**Lauren Salko**  
PROFESSIONAL SKIER

## Registered Attendees in 2022



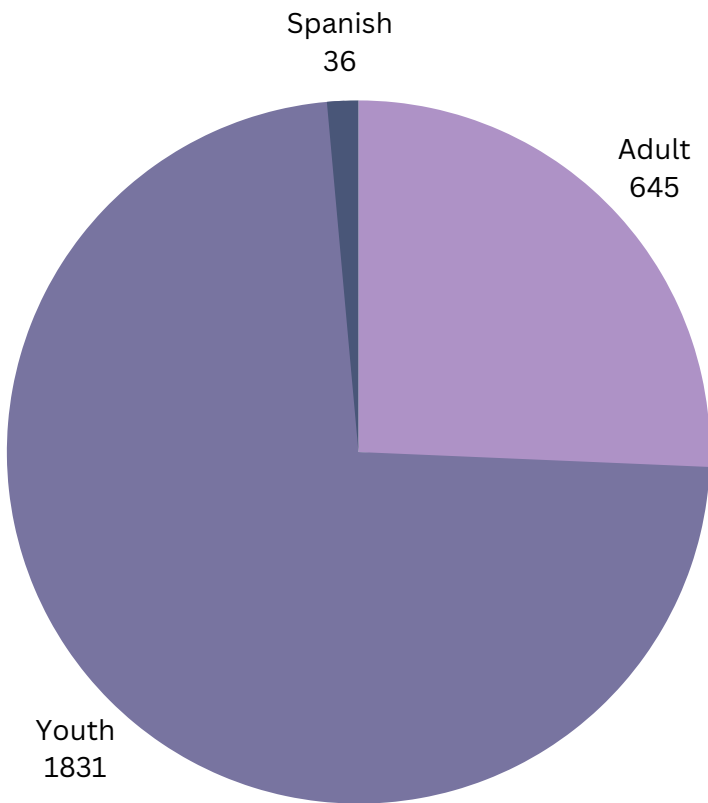
# The D-Box

Knowing firsthand the intricacies of living with Type 1 Diabetes, the team at Touched by Type 1 created the D-Box in an effort to address the anxiety and stressors they understand are brought on by this new diagnosis. The goal is to offer support and guidance by providing the best resources and an introduction to top products that will help individuals with diabetes thrive.



Touched by Type 1 also introduces each recipient to a community that is available and ready to serve. Our first and most important message upon receipt of a D-Box is, "You are not alone."

## Total D-boxes delivered in 2022: 2513



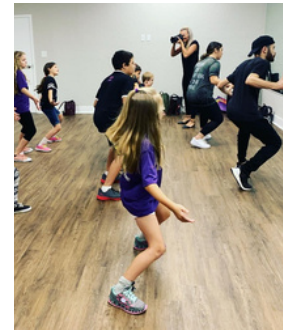
Region	Box Count
Pacific	238
Rocky Mountain	117
Southwest	269
Midwest	695
Southeast	759
Northeast	394
Noncontiguous	15
Puerto Rico	26
<b>Total</b>	<b>2513</b>



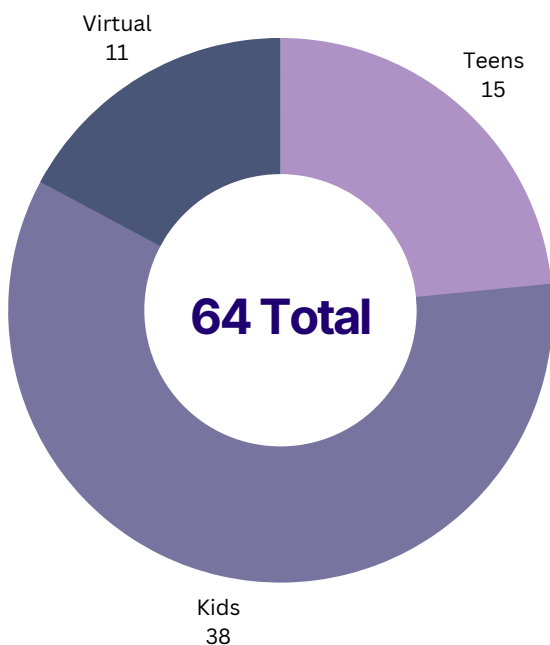
# Kids & Teens

The Kids & Teens with Diabetes Dance Program is a series of free dance classes for any child with Type 1 Diabetes (age 5-18). The goal of the program is to allow the participants and their parents to meet and connect with other individuals who face the same challenges as themselves. For the kids, it is a place where having Type 1 Diabetes feels normal; continuous glucose monitoring machines beeping and blood sugar checks need no explanation. For their parents, the program allows them to meet others whose days and long nights mirror their own. Youth participate in the program both in-person and virtually from across the country. At the end of the season the dancers have a featured performance in the annual "Dancing for Diabetes" showcase. They perform their routine in front of thousands from throughout the community—demonstrating and proclaiming that they are stronger than their diagnosis. It is an impactful moment for not only the program participants, but for the audience, who gain a better understanding of what these Kids & Teens face.

“*Because of this program, my daughter has made what I know will be lifelong friendships with children that have the same struggles.*”



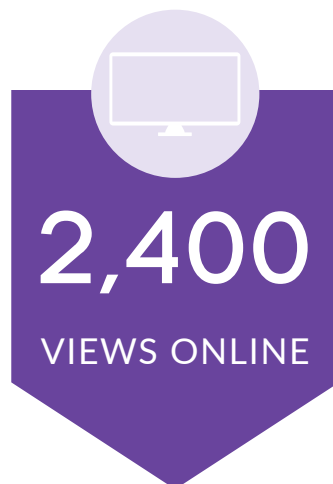
## 2022



# Dancing for Diabetes

Dancing for Diabetes is the signature fundraising event for Touched by Type 1, featuring award winning and nationally recognized performers. The show averages just over 350 dancers involved in the show each year from studios, schools, and dance groups from across the region.

Event attendance averages 2,000+ (includes audience, dancers, and volunteers). In addition to the live-audience production, Dancing for Diabetes also airs live online, allowing anyone to view the production from around the world. Since streaming began in 2020, Dancing for Diabetes has reached 22 different countries.

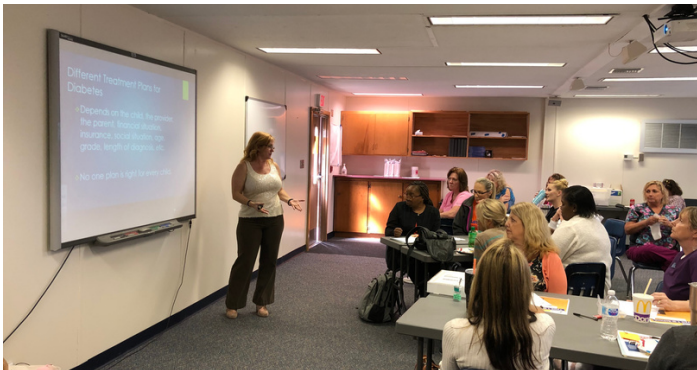




# Type 1 @ School

Type 1 at School is a Touched by Type 1 community education program in which the TBT1 team provides public and private schools with the tools and training they need in order to help their Type 1 students thrive.

Offering both in-person and virtual training sessions, Touched by Type 1 provides the opportunity for school personnel to learn from experts and specialists to better understand the realities of living with Type 1 Diabetes, its signs and symptoms, and best practices for keeping Type 1 students safe at school.



Type 1 @ School Reach		
FLORIDA (6 Counties)	CALIFORNIA	PENNSYLVANIA
NEW JERSEY	WASHINGTON	MASSACHUSETTS
TEXAS	MISSOURI	NEW HAMPSHIRE

# Outreach

Touched by Type 1 hosts monthly events in order to reach new members of the community, gain more support, spread more awareness, and create a vibrant Touched by Type 1 network. Events such as Parent's Night Out, Teen Night, Ladies Night, Family Picnics, and others allow for members of our Touched by Type 1 community to connect and develop positive, encouraging, long-lasting relationships. These events help us to connect with more members of the Central Florida community, increase support and awareness of Touched by Type 1 and our mission, and provides more opportunities for the community to be involved with Touched by Type 1 throughout the year.



## Events

- Ladies' Night Out
- Bowling
- Parents' Night Out
- Research Tour
- Summer Picnic
- Halloween Party
- Holiday Party
- Science Center
- Teen Trivia Night
- Kids Craft Night
- Movie Night



# New This Year!

## Golfing Fore Diabetes

On Saturday, April 2, Touched by Type 1 hosted its first annual Golfing Fore Diabetes golf tournament at the Rosen Shingle Creek hotel in Orlando, Florida.

Over 100 golfers joined our efforts to elevate awareness of Type 1 diabetes and helped to procure funding to increase our impact in the Type 1 community. It was a beautiful course with contests, prizes, and a lot of fun and we can't wait to do it again in 2023!





# Major Update!



## *We Expanded!*

**To better serve our Type 1 diabetes community, we recently expanded our studio.** Our programming continues to reach a larger audience and become a vital resource for all those touched by Type 1 diabetes.

With this expansion, we are able to

- support additional children and teens through our FREE Dance Program,
- better distribute the thousands of FREE D-Boxes across the country to those newly diagnosed, and
- continue to host outreach events for children and adults in Central Florida.

**THANK YOU to WPC for leading the way through their construction management of the expansion.**



BUILDING BEYOND  
THE BLUEPRINT®



# Our Digital Footprint



12,300+ Email Subscribers



7,600+ Followers



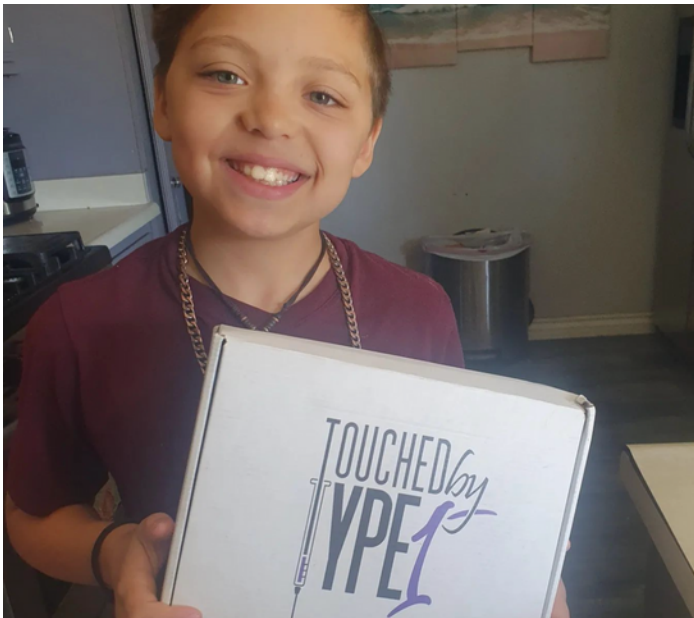
3,700+ Followers



1,000+ Subscribers



35,000+ Website Views in 2022



# Thank You to Our 2022 Sponsors

A Tad too Sweet  
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American Pools  
Bay Hill Jewelers  
Citrus Legal  
Comprehensive Health Florida  
Dan Newlin Injury Attorneys  
Deck My Diabetes  
East Lake Chiropractic  
Eden Site Development  
First Health Winter Springs, LLC  
Garlich Consulting  
Greater Orlando Sports Commission  
HUB Insurance  
Impact  
Injury Centers of Brevard  
Insulet Corporation  
Integrated Chiropractic Healthcare  
Kaufman & Lynd  
Kitchens By Us  
LaRocca Chiropractic Centers

LSQ Funding  
Lynx Legal  
Mateer Harbert  
Next Medical Florida  
Novo Nordisk  
Peak Chiropractic  
Physical Therapy Now  
Pulte  
Quantumcare Medical, Sports & Injury  
Snyder's Landscapes  
Solar Source  
Spine and Healthcare Clinic  
Stand Up MRI  
Surgery Center of Winter Park  
TC Electric  
Transformative Counseling Services  
Tricoli Law  
Trim-Mill  
WaWa  
WPC  
Xeris Pharmaceuticals



**TOUCHED BY TYPE 1 IS ABLE TO CONTINUE TO FULFILL ITS MISSION THANKS TO YOUR SUPPORT!**



# Thank You

Andrew & Emily Hollis  
Antonio Bayon  
Ashlye & Jamie Cox  
Barb and Dave Kemper  
Barb and Scott Woldridge  
Beverly Rath  
Bloch Holman Family  
Brent Riggle  
Brian Hogan  
Charlotte Jessen  
Cyndi Buhle  
Daniel and Sally Jackson  
Dave Mallen  
David Sackman  
Dawn Rhodes  
DeVry Kelley  
Dianne Downie  
Dutch and Janette Anderson  
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Heidi Livingston

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Richard & Kimberley Fink  
Richard Dellinger  
Rinat Halon Neal  
Samantha Pupo  
Schwartzberg family  
Stein & Devine Family  
Steven & Shelley Tomesko  
Tom Karlya



**TOUCHED BY TYPE 1 IS ABLE TO CONTINUE TO FULFILL ITS MISSION THANKS TO YOUR SUPPORT!**

# You Can Make a Difference

Together with your support and commitment we are able to make a difference in the lives of those touched by Type 1 Diabetes. Contact Touched by Type 1 to learn more about the opportunities and various ways to contribute to our mission.



195 S Westmonte Dr  
Suite 1128  
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Contact: Kelly Simbolick  
Kelly@touchedbytype1.org  
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